

### 2009 – A YEAR OF GREAT ACHIEVEMENT

Every year, we come together in celebration of the Holidays which includes having a time to reflect upon the people and things for which we are truly grateful. With that thought in mind, we wanted to take the opportunity to express our heartfelt thanks for your generosity to our foundation and share with you what we have done in 2009. The funds we raise through your generous donations are in turn given to the national Cystic Fibrosis Foundation directly for research. We know that because of support such as yours, they have been able to make incredible advances in research - and they are poised for some truly remarkable breakthroughs in the near future.

### NEW YORK FUNDRAISER: MARCH 2009 OUR HIGHEST TURNOUT YET!

This year marked our 4th Annual Benefit Dinner hosted by Nick Mossa. It was the first time it was held at the beautiful Barolo Restaurant in SOHO, NYC. Guests feasted on Northern Italian dishes and wines while hearing about the latest medical breakthroughs in cystic fibrosis. Dr. Lynn Quittell, Director of the Cystic Fibrosis Center at Columbia Presbyterian Hospital, was the guest speaker. She told loyal supporters much about CF – past, present and future. Everyone learned a little more about the disease and felt more hopeful about its future.

The excitement of the night came when it was time for the raffles and impromptu live auction. Who knew Frank Mossa was such a gifted auctioneer! Frank raised **\$3,550** in a matter of minutes auctioning off autographed New York Yankee memorabilia. All in all the evening raised **\$60,000** for CF research. As usual, a good time was had by all. Thank you all for attending and we look forward to seeing all of you at the **5th Anniversary Benefit Dinner on Monday, March 8th, 2010.**



### RECORD BREAKING STRIDES MADE!



This year Team Breathe and Believe Team had over 85 people with **\$65,478** being raised. We want to acknowledge every single one of you that participated at the Miami Beach Great Strides walk held at Jungle Island on May 3rd.

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Our team, all wearing I'M A BELIEVER T-shirts was a big part of the event, which turned out to be a beautiful one. The walking path at Jungle Island was filled with many different species of animals along the way, making it even more enjoyable. At the end of the walk people were awarded with music, refreshments and prizes. We want to once again thank everyone for participating in this important event with us. We know that you did more than just show up. Some of you flew in from other states, some drove a long way, some got their children up and out of the house very early to be with us and most of all, you raised and donated money, money that is very much needed for a very good cause.

We want to give special thanks to our sponsors; INTELSAT, Atlas Broadcast Services Corporation, Trattoria Il Forno, Silvio's Restaurant, Nico Hairstylist, VISTA Satellite Communications, Salon RikRak, Bayside Milk Farm and Anesthesia Associates of Greater Miami for their support. We would also like to thank all the students from Gulliver Academy and Aventura City of Excellence School who through their Jeans for Genes Days fundraising efforts added to the overall funds raised for this event.

You ALL made the extraordinary success of this event possible. We look forward to walking with you again next year in an effort to bring us a step closer to finding a cure for CF. Save the date for next year's walk held at our NEW LOCATION, at **Crandon Park, Key Biscayne on Saturday April 17th, 2010.**

## WINE TASTING BENEFIT

Il Forno restaurant in Somers, NY held their 14th Annual Wine Tasting on November 23, 2009. This year The CRCFF was the proud recipient of 100 % of the proceeds due to the efforts of a very special young lady, Alessandra DiNardo. Alessandra was instrumental in planning the evening with her father, Ricky. The DiNardo family outdid themselves from the incredible food to the exquisite wines. There was also a very successful raffle in which prizes were donated by Lisa Cash, Domenico Stagnolo and the DiNardo family. Guests were talking, mingling, eating, and enjoying fine wines throughout the evening. The evening raised \$6,000 for CF research. Thank you to all who attended. Special thanks to the DiNardo Family and to the Il Forno staff for an amazing night!



## SAVE THE DATES

March 8th, 2010	5th Annual Benefit Dinner hosted by Nicola Mossa in New York, NY
March 26th, 2010	Jeans for Genes at the Gulliver Academy Lower & Primary Schools & South Miami Campus
April 12-16, 2010	Aventura City of Excellence School CF Awareness Week
April 17th, 2010	Great Strides Walk at Jungle Island in Miami Beach, FL
Fall 2010	1st Annual South Florida Benefit Dinner

For more information about our fundraising events, please contact us via email at [info@breatheandbelieve.org](mailto:info@breatheandbelieve.org).

## THANK YOU

Your participation in our events is making a huge difference and enabling our foundation to continue its mission to raise critical dollars to find a cure for cystic fibrosis. We thank you for being part of our team and for always BELIEVING. Because of your continuous support and with your generosity, we know we can continue to add tomorrows every day to the lives of those with cystic fibrosis.

### The Christopher Ricardo Cystic Fibrosis Foundation Board Members

Ruben Ricardo	Maria Ricardo	Anthony De Vita	Zita De Vita	Antonio De Vita
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